**Loving God**

* Do the the lent challenge! Find time each day to read the Bible and pray – it only takes about 5 minutes. The booklet is attached
* Download the app Lectio by 24/7 prayer. It leads you though a Bible reading and prayer each day, you can listen to it so there is no reading involved and it only takes about 8 minutes!
* Download a Bible app. YouVersion or Bible gateway has lots of reading plans that you could work through or even listen to!
* Do some Bible journaling or listen to/play some worship music. Do something creative to inspire you in your relationship with God.
* Rend Collective (a band) are live streaming worship times on their Instagram – follow them!

Take the opportunity to listen to some Christian podcasts or sermons. Here are some you could use:

* Soul Survivor Watford – you can watch whole services (including worship and prayer time) or just their talks on their YouTube channel here: <https://www.youtube.com/channel/UCURYwUX9bCutrscAz2rYN2w>
* Reboot is a Christian apologetics conference which runs in London each year. They talk about big issues of life and faith like homosexuality, women in the Bible, science and creation, mental illness and so on. This may be more suitable for Discovery but there are some great topics to get your teeth into.

<https://www.rebootglobal.org/>

**Loving the Church**

* Text a friend from church (or even someone you don’t know that well from youth). Just to check in and see how they are doing. Ask if there is anything, they would like prayer for.
* Do a Bible study on facetime! See if a Christian friend is free, choose a passage (or do the lent challenge for the day) and off you go!
* If your family go to church (or even if they don’t), ask if they want to listen to some worship music with you, read the Bible or pray. Maybe set aside time with them on Sunday during the time you’d normally be at church to spend some time together and with God.

**Loving the World**

* Think about how you could be looking out for your neighbours and those around you at this time. Could you donate to the food larder at the Church of the Good Shepherd in Farnborough? Could you ring an elderly neighbour who isn’t able to get out just for a chat? Could you write a letter or draw a picture for people on your street and pop it through their door?
* How can we show Gods love and light in this time?